Ls-al lists all the files or directories in a table format even if they are hidden. It also tells you extra information about all the files/directories, like when they were made. The permissions indicate the type of file and the permissions for the file owner, group owner, and other users. Chmod uses values that represent different permissions for each type of person. To use chmod you would type “chmod \*\*\* some\_file” with the \*\*\* representing one of the numbers that indicate positions.